

SEPTEMBER 2023

Sargent School

*MENU SUBJECT TO CHANGE DUE TO DELIVERIES

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Monday

Tuesday

Wednesday

Thursday

Friday

**START YOUR DAY
THE HEALTHY WAY,
WITH BREAKFAST!!**



4

NO SCHOOL

11

BAGEL

CHICKEN NUGGETS
SMILEY FRIES

FRUIT & SALAD BAR

18

BAGEL

CHICKEN SANDWICH
RANCH BEANS

FRUIT & SALAD BAR

25

BAGEL

POPCORN CHICKEN
BAKED BEANS
PEACHES

FRUIT & SALAD BAR

5

CEREAL

HAMBURGER
BAKED BEANS

FRUIT & SALAD BAR

12

CEREAL

BEAN & CHEESE BURRITO
GREEN CHILI
SPANISH RICE

FRUIT & SALAD BAR

19

CEREAL

TWIN TACOS
CORN

FRUIT & SALAD BAR

26

HAM & CHEESE BAGEL

SOFT TACO
CORN ON THE COB
LETTUCE & TOMATO

FRUIT & SALAD BAR

6

BISCUIT & GRAVY

FAJITA
CORN

FRUIT & SALAD BAR

13

BK BURRITO

MEATBALL SUB
GARDEN SALAD

FRUIT & SALAD BAR

20

BISCUIT & GRAVY

PIZZA
FRESH BROCCOLI & CARROTS

FRUIT & SALAD BAR

27

BISCUIT & GRAVY

CHICKEN ALFREDO
CARROTS
ROLL

FRUIT & SALAD BAR

7

PANCAKE

PASTA BAKE
GREEN BEANS
ROLL

FRUIT & SALAD BAR

14

MUFFIN

HOT DOG
FRIES

FRUIT & SALAD BAR

21

FRENCH TOAST

CHEESEBURGER
FRIES

FRUIT & SALAD BAR

28

MUFFIN

SUB SANDWICH
REAL FRUIT SLUSHIE
SUN CHIPS

FRUIT & SALAD BAR

8

MUFFIN

CORNDOG
GARDEN SALAD
PEACHES

FRUIT & SALAD BAR

15

22

29

REPLACE ANY MAIN DISH WITH ONE OF THE FOLLOWING:

COLD DELI SANDWICH, CRISPY TACO SALAD, FRESH CHEF SALAD, FRUIT SALAD