CelebrateCalm[™].com

10 Ways to Stop Yelling, Lecturing, & Power Struggles with America's Calm Coach Kirk Martin & his son, Casey

 Perfect for parents with kids ages 2-22.

-Leave with strategies that work immediately!





Kirk will demonstrate 10 ways to:

- Get your kids to listen the first time.
- Stop power struggles with toddlers and teens.
 - Stop whining, tantrums and sibling fights.
 - Get kids to do their chores without a fight.
- Create stress-free mornings, homework time and bedtime.

Sargent Schools and Celebrate Calm invite parents, teachers, friends, and the community to one FREE dynamic, laugh-out-loud funny parenting event. The event is FREE and there is NO need to register.

FREE childcare will be provided. Please RSVP to Danielle: <u>drprice@sargent.k12.co.us</u>

Tuesday, January 17 6:30pm - 8:30pm

Sargent High School (Auditorium) / 7090 N County Rd 2 E. / Monte Vista, CO 81144

"Practical, relevant and laugh-out-loud funny"

Watch the Video Clips and learn more at <u>https://celebratecalm.com/podcasts</u> Contact Casey with any questions Email: <u>Casey@CelebrateCalm.com</u> Phone: 888-506-1871